Cultivating Warriors:
An Afrikan-Centered Curriculum from Kamali Academy

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Other Books and Online Classes from Kamali Academy can be found at: www.KamaliAcademy.com

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This book is dedicated to Dr. Amos N. Wilson and all the other Warrior Scholars who taught us that the “ultimate function of education is to secure the survival of a people.”
3rd Grade:

**Culture/Ourstory** 3 times a week.
Text: *Use African American History: A Journey of Liberation* by Dr. Molefi Asante.

Focus their studies on Afrikan Ourstory from 1600-1850. This covers the emergence of the Ashanti Kingdom, Zulu Kingdom, the Maafa (Transatlantic slave trade), American history of this era, Native history before Columbus, kwk.

Study Afrikans like Osei Tutu, Harriet Tubman, Nat Turner, Martin Delany, Shaka Zulu, Queen Nzinga, Frederick Douglass, kwk.

Memorize Afrikan proverbs (at least ten).

Continue to read and listen to biographies of great Afrikans. Have the student narrate (write down) important information from the biographies.

**Geography:** for each lesson, find the place on a map and describe the major kinds of climate. Survey major rivers of the world.

**Sample Schedule:**
- **Monday**-learn an Afrikan proverb (write and discuss), read one section from the text, make narration page, and complete a coloring page or illustration.
- **Wednesday**-learn an Afrikan proverb (write and discuss), read one section from the text, make narration page, find location on map and color black-line map, put into history notebook.
- **Friday**-review Afrikan proverbs, read one to three biographies or nonfiction (library) books on the subject and personalities.

**Math** 4 times a week.
Learn division, recognize numbers up to 1,000,000, order and compare numbers to 999,999, understand place values through 1,000,000, understand negative numbers, and identify and compare fractions.

Review addition, subtraction, and multiplication. Multiple 2 numbers by 1 number.

Tell time to the minute, perform operations with money, measure
temperature in both degrees Fahrenheit and Centigrade (Celsius).

**Reading** 4 times a week
Continue to build vocabulary and learn Dolch Sight words. ([SpellingCity.com](http://www.spellingcity.com))

Child should be able to read on her own. Have her choose books of interest and on her reading level (fiction and nonfiction, silently and aloud). Reading should be a delight, not a chore.

Focus on the myths, fables, and nonfiction works that correspond to the era studied in OurStory.

Identify common prefixes and suffixes, common abbreviations, and write coherent paragraphs.

**Writing** 5 times a week
Infuse writing into every subject. Work on penmanship by copying and memorizing Afrikan proverbs or black history facts.

Make sure the student observes the conventions of writing.

For Grammar, use [NoRedInk.com](http://www.noredink.com) and Mad Libs.

**Speaking** 2 times a week
Students should make both narrative and informational oral presentations.

Give oral summaries of books, stories, and articles, and memorize and recite 6-8 poems and/or sections from speeches.

**Science** 2 times a week
Study Chemistry. Learn about its origins in Kemet (Egypt).

Use a good Chemistry encyclopedia for children as a base text and an experiment book like *Adventures with Atoms and Molecules*.

Sample Schedule-
Day 1: Do an Experiment Page after each experiment that answers the following questions: What Did We Use? What Did We Do? What
Happened? What Did We Learn? 
Day 2: read a section of the encyclopedia and have the student narrate a few facts they learned.

**Foreign Language**
Study and speak Swahili. Study the Metu Neter. *Hieroglyphics for Babies* by Ayi Kwei Armah

**Art** 2 times a week
Use Art to enhance any subject. Infuse it throughout the learning experience through songs, rhythms, etc.

Provide ample time for your child to use their Kuumba.

Study the various forms of the Afrikan people covered in OurStory.

Do various crafts (rings, earrings, crochet, build a birdhouse, kwk.)

Invite a local artist to teach Art once a week or once a month or anywhere in between.

**Music** 1 or 2 times a week
Continue to learn to play an instrument and/or Afrikan dance.

Learn great Afrikan songs even in other languages. (Google: "We are Africans", "Walk Like an African," South African Freedom Songs, and lots more.)

**Health and Physical Education** 2 times a week
Study a martial art.

Understand the negative aspects of alcohol, tobacco, and other drugs.

Be familiar with basic first-aid practices.

Exercise, meditate (if only for five minutes), and practice Kemetic yoga.

Participate in indoor and outdoor activities.
11th Grade:

OurStory and English:
(1600-1850)

Study Afrikan proverbs.

First part of the week:
Foundation Text: *Blueprint for Black Power* by Amos Wilson
At the end of each chapter, the student should stop and record: important dates, names of two or three important individuals, three or four events that stand out, and two events, people, or ideas they'd like to research further.

Second part of the week:
Studying, discussing and writing about great books. The student is to choose between 8 and 12 books to read, discuss, and write about.

For each book, students will do a Book Context.

Student should take notes on the book while reading.

When the book is finished, the student can produce a book report, an argumentative essay proving some point about the book, or an analysis of the book's ideas.

The book list is flexible and should be read with the student:

1. *Things Fall Apart* by Chinua Achebe
2. *The Black Holocaust for Beginners* by S.E. Anderson
4. *Harriet Tubman* by Ann Petry
5. *The Healers* by Ayi Kwei Armah
6. *David Walker's Appeal* by David Walker
7. *Christopher Columbus and the Afrikan Holocaust* by John Henrik Clarke
8. *How Europe Undeveloped Africa* by Walter Rodney
9. *American Uprising: The Untold Story of America's Largest Slave Revolt* by Daniel Rasmussen
10. *Narrative of the Life of Frederick Douglass* by Frederick Douglass
11. *Beloved* by Toni Morrison
12. *Incidents in the Life of a Slave Girl* by Harriet Jacobs
13. The Norton Anthology of African American Literature (selected works)
14. *Leadership Lessons from Emperor Shaka Zulu the Great* by Phinda Mzqakhe Madi

**Junior Project:** 2-3 hours per week
The student should pick a topic that really moves him. Eleventh (research paper) and twelfth graders (performance or creative project) should choose a major research project in a field that interests them and carry this project out.

For whatever subject the student chooses, they will trace the historical development, unearth and reflect on its origins, and theorize about its future.

The paper should be 15-20 pages.

In the fall, allow 2-3 hours per week for pre-reading. In the spring, allow 2-3 hours per week for writing.

**Math:** 5 times a week
Algebra II
*www.KhanAcademy.com*
Science: 4 days a week, 60 minutes a day.

Maybe enroll your child in a Chemistry class at a local community college or in a class on [http://www.openculture.com/freeonlinecourses](http://www.openculture.com/freeonlinecourses)

Science is broken into 2 sections: The Study of Principles and Joining the Conversation

The Study of Principles involves using texts and experiment books, the student will learn the laws of each scientific field. Be sure to cover traditional healing on the African continent.

Joining the Conversation involves writing a paper that traces the history and development of some new technology or knowledge. This paper should be centered on the field being studied.

Writing and Speech:

Vocabulary:

Foreign Language
Study the numbers and basic greetings of several languages.

At this stage, the student should commit to mastering (speaking and reading fluently) one language and get to the high school level of another (basic grammar and conversational).

Computer Science:
Health and Physical Education 2 times a week
Study a martial arts/self-defense.

Be able to prepare several healthy meals for family.

Learn basic first aid for common injuries.

Study how to have healthy relationships. Also, understand the nature of sexually transmitted diseases and methods of prevention.

Independent Study:
Allow student time to study whatever they would like to study.

Art:
Study Afrikan Art History
http://arthistoryresources.net/ARTHfrica.html

African Spirituality:
Text: *African Spirituality: On Becoming the Ancestors* by Anthony Ephirim-Donkor